

SECTOR -BEAUTY AND WELLNESS
JOB ROLE: ASSISTANT BEAUTY THERAPIST
QP CODE: BWS/Q0101
CLASS -10th

Total No of Topics - 11
Total No of Topics Deducted from four section - 2
% of (Total no of topics) = 11%(It is calculated according to time duration)
11 % Reduction Of Sector as Follows - (Theory and Practicals need to drop out are highlighted in red color)

Sl. No.	List Of Units	List of Practicals Aligned With Each Unit	Unit/Session to be reduced(Theory and Practical)	Remark(Reason for dropping or reduce)
UNIT 1:	UNIT 1: BASIC SKIN CARE SERVICES			
SESSION 1	1. Demonstrate the knowledge of anatomy and physiology of skin	1. Reading sessions on the terms used for describing the structure of skin 2. Writing sessions on the terms used for describing the structure of skin 3. Group activities on understanding the structure and functions of skin		
SESSION 2	2. Demonstrate the knowledge of the actions of facial, neck and shoulder muscles	1. Showing videos on demonstration of movement of muscles		
SESSION 3	3.Perform basic skin care services	1. Demonstration on identification of various products used for cleansing, toning, moisturising, etc.		
UNIT 2:	UNIT 2: BASIC DEPILATION SERVICES			
SESSION 1	1. Perform waxing	1. Demonstration on conducting skin test to check for reaction 2. Demonstration on assessment of hair growth pattern 3. Demonstration on pre- and post preparation of client for waxing 4. Demonstration of the process for warming the wax 5. Performing waxing process as per requirement		

SESSION 2	the knowledge and skills of basic depilation ser	1. Demonstration of threading process for upper lip hair removal 2. Application of pre- and post products during threading.		
SESSION 3	3. Perform bleaching procedure	1. Demonstration of patch test 2. Analysis of skin sensitivity 3. Demonstration of bleach preparation and application.		
UNIT 3	UNIT 3: MAKEUP SERVICE			
SESSION 1	1. Plan for makeup	1. Demonstration on collection of information of clients 2. Study of contra- indications		
SESSION 2	2. Make preparations for makeup	Identification of tools and materials used for makeup		
SESSION 3	3. Perform simple make up services	1. Demonstration of application of foundation 2. Demonstration of application of concealer 3. Demonstration of application of eye shadow		
UNIT 4	UNIT 4: CREATING POSITIVE IMPRESSION AT THE WORKPLACE		REDUCE UNIT-4	Reduce the unit-3 because all the therapy that we have such as consisting of facial work,waxing, manicure, pedicure, haircutting etc...added to how to impress the clients and to treat the clients.personal grooming, reception area and salon staff room maintain.
SESSION 1	the knowledge of creating positive impressio	1. Games for developing leadership qualities and effective communication skills 2. Activities on working as a team member 3. Demonstration and games on effective communication		

SESSION 2	2. Demonstrate professional etiquettes and personal grooming	Demonstration procedures practices maintaining of and for etiquettes personal hygiene, use of personal protective equipment and maintaining good health and posture using videos presentations.		
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